

# *Palarang Meats price list January*

## **PLU listing**

<b><u>PLU</u></b>	<b><u>Main Group</u></b>	<b><u>Product Name</u></b>	<b><u>\$/kg</u></b>
<b>Monaro Lamb</b>			
10	Grass fed & finished	Lamb Backstrap	63.00
11	Grass fed & finished	Lamb Fillet	63.00
12	Grass fed & finished	Trim Lamb Steak	45.00
13	Grass fed & finished	Lamb Loin Chops	37.00
14	Grass fed & finished	Lamb Racks	35.00
15	Grass fed & finished	Lamb Cutlets	40.00
16	Grass fed & finished	Lamb Chump Chops	34.00
17	Grass fed & finished	Lamb Forequarter	20.00
18	Grass fed & finished	Deboned/ Rolled Shoulder	28.00
19	Grass fed & finished	Lamb Forequarter Roast	20.00
20	Grass fed & finished	Leg of Lamb	21.00
21	Grass fed & finished	Butterfied Lamb Leg	24.00
22	Grass fed & finished	Diced Lamb	31.00
23	Grass fed & finished	Lamb Stir-fry	25.00
24	Grass fed & finished	Lamb Shanks	20.00
25	Grass fed & finished	Lamb Shanks (frenched)	26.00
26	Grass fed & finished	Lamb Mince	20.00
27	Grass fed & finished	Lamb Sausages, (Gluten Free)	20.00
28	Grass fed & finished	Lamb Sausages, (Gluten and Preservative Fr	22.00
29	Grass fed & finished	Lamb Bones	7.00
31	Grass fed & finished	Lamb Kidneys	15.99
32	Grass fed & finished	Whole Lamb Breast	15.00
33	Grass fed & finished	Mini Lamb Roast	35.00
34	Grass fed & finished	Lamb Necks	18.00
35	Grass fed & finished	Lamb Merguez Sausages	25.00
37	Grass fed & finished	Lamb Sausages	22.00
38	Grass fed & finished	Boned lamb brisket	18.00
39	Grass fed & finished	Bone in Lamb brisket	18.00
40	Grass fed & finished	Lamb ribs	18.00
41	Grass fed & finished	Lamb leg chop	30.00
42	Grass fed & finished	Lamb rump	20.77
43	Grass fed & finished	Lamb shoulder	19.99
44	Grass fed & finished	Lamb & Rosemary Sausages	23.00

## **SCPA certified Palarang organic beef**

100	certified organic SCPA 103C	Eye Fillet	55.00
101	certified organic SCPA 103C	Scotch Fillet	48.00
102	certified organic SCPA 103C	Porterhouse Steak	42.00
103	certified organic SCPA 103C	Rump Steak	37.00
104	certified organic SCPA 103C	T-Bone Steak	33.00
105	certified organic SCPA 103C	Round	25.00
106	certified organic SCPA 103C	Blade	20.00
107	certified organic SCPA 103C	BBQ Blade	20.00

108	certified organic SCPA 103C	Oyster Blade	20.00
110	certified organic SCPA 103C	Minute Steak	20.00
111	certified organic SCPA 103C	Topside	25.00
112	certified organic SCPA 103C	Nitrate Free Corned Beef	32.00
114	certified organic SCPA 103C	Beef Roast	25.00
115	certified organic SCPA 103C	Gravy Beef	18.00
116	certified organic SCPA 103C	Chuck Steak	18.00
117	certified organic SCPA 103C	Beef Ribs	17.00
118	certified organic SCPA 103C	Osos Bucco	17.00
119	certified organic SCPA 103C	Brisket	25.00
120	certified organic SCPA 103C	Beef Mince	20.00
122	certified organic SCPA 103C	Beef Sausages	20.00
123	certified organic SCPA 103C	Beef, leek and garlic sausages	23.00
124	certified organic SCPA 103C	Diced Beef	29.00
125	certified organic SCPA 103C	Stir Fry	20.00
126	certified organic SCPA 103C	Ox Kidney	15.99
127	certified organic SCPA 103C	Beef Bones	7.00
129	certified organic SCPA 103C	Skirt Steak	18.00
130	certified organic SCPA 103C	Thick Beef Sausages	20.00
131	certified organic SCPA 103C	3 Meater Sausages	25.00
132	certified organic SCPA 103C	3 Pepper Beef	25.00
140	certified organic SCPA 103C	Beef Sausages, Gluten and Preservative Free	22.00
141	certified organic SCPA 103C	Beef, bacon and molasses	25.00
142	certified organic SCPA 103C	Sausage Mince	15.00
143	certified organic SCPA 103C	Skirt Steak	18.00
150	certified organic SCPA 103C	Scotch Fillet	48.00
151	certified organic SCPA 103C	Porterhouse Steak	42.00
199	certified organic SCPA 103C	3 Meater Sausages	25.00

## Local, free range pork

300	Free range	Pork Loin Chops	33.00
301	Free range	Pork Leg Steak	30.00
302	Free range	Pork Forequarter Chop	21.00
303	Free range	Pork Spare Ribs	19.00
304	Free range	Pork Roast	17.00
305	Free range	Pork Sausages	18.00
306	Free range	Pork Mince	20.00
307	Free range	Diced Pork	20.00
308	Free range	Free Range Ham	30.00
309	Free range	Pork, leek and garlic sausages	21.00
310	Free range	Pork Shoulder	20.00
311	Free range	Free Range Bacon	30.00
313	Free range	Nitrate Free Bacon	35.00
314	Free range	Nitrate Free Ham	35.00
315	Free range	Pork Sausages, Gluten & Preservative Free	25.00
316	Free range	Pork Loin Roast	39.00
317	Free range	Pork Cutlets	32.00
318	Free range	Nitrate Free Shoulder Bacon	35.00
319	Free range	Pork, Bacon & Molasses Sausages	25.00
320	Free range	Pork Belly	15.99
321	Free range	Pork USA Ribs	15.99
322	Free range	Pork Forequarter Roast	10.00

323	Free range	Pork Leg Chop	27.00
324	Free range	Pork Fillet	38.00
325	Free range	Pork Crackle	12.00
326	Free range	Pork Bones	7.00
327	Free range	Pork Kidney	15.00
328	Free range	Pork Trotters	18.00
329	Free range	Smoky roast pork	35.00
330	Free range	Nitrate Free Pickled Pork	14.99
331	Free range	Nitrate Free Pork Belly	35.00
332	Free range	Nitrate Free Ham Hock	35.00
333	Free range	Free range ham	15.99
334	Free range	Pork shoulder rolled	25.00
335	Free range	Pork Medallions	30.49
336	Pork	Bacon	15.99

## Local, free range goat

400	Grass fed & finished	Goat forequarter chops	18.00
401	Grass fed & finished	Goat loin chops	34.00
402	Grass fed & finished	Goat chump chops	31.00
403	Grass fed & finished	Goat Racks	34.00
404	Grass fed & finished	Goat Neck Chops	15.00
405	Grass fed & finished	Goat Shanks	18.00
406	Grass fed & finished	Goat Cutlets	36.00
407	Grass fed & finished	Goat Leg Roast	25.00
408	Grass fed & finished	Diced Goat	20.00

## Monaro beef

3100	Grass fed & finished	Beef Schnitzel	19.49
3101	Grass fed & finished	BBQ Pack	16.99
3102	Grass fed & finished	Beef Bones	6.49
3103	Grass fed & finished	Beef Kebabs X4	10.00
3104	Grass fed & finished	Beef Liver	8.99
3105	Grass fed & finished	Plain Beef Rissoles	13.49
3106	Grass fed & finished	Beef Roast	16.49
3107	Grass fed & finished	Beef Rolled Roast	16.99
3108	Grass fed & finished	Beef Ribs	14.49
3109	Grass fed & finished	Beef stir-fry	19.99
3110	Grass fed & finished	Blade Steak	15.49
3111	Grass fed & finished	BBQ Blade	15.49
3112	Grass fed & finished	Cattleman's Cutlet	30.49
3113	Grass fed & finished	Chuck Steak	15.49
3114	Grass fed & finished	Corned silverside	12.49
3115	Grass fed & finished	Rib Eye Steaks	45.49
3116	Grass fed & finished	Diced Beef	17.99
3117	Grass fed & finished	Minute Steak	19.49
3118	Grass fed & finished	Eye fillet	45.49
3119	Grass fed & finished	Fillet Mignon	38.99
3120	Grass fed & finished	Flavoured Beef Rissoles	13.99
3121	Grass fed & finished	Hamburger Mince	14.49
3123	Grass fed & finished	Osso Bucco	15.49
3124	Grass fed & finished	Ox Hearts	7.99

3125	Grass fed & finished	Ox kidney	15.99
3126	Grass fed & finished	Ox Tail	12.49
3127	Grass fed & finished	Ox Tounge	11.49
3128	Grass fed & finished	Oyster Blade	16.49
3129	Grass fed & finished	Porterhouse steak	30.49
3130	Grass fed & finished	Pepper Steak	29.49
3131	Grass fed & finished	Premium beef mince	16.49
3132	Grass fed & finished	Round Steak	19.99
3133	Grass fed & finished	Rump Steak	29.49
3134	Grass fed & finished	Scotch Fillet Steak	38.49
3136	Grass fed & finished	T-Bone Steak	26.99
3137	Grass fed & finished	Thick Beef Sausages	11.99
3138	Grass fed & finished	Thin Beef Sausages	14.99
3139	Grass fed & finished	Topside	18.49
3140	Grass fed & finished	Tripe	12.99
3141	Grass fed & finished	Cracked Pepper, Coriander & Basil Beef Sau:	14.99
3143	Grass fed & finished	Pet/ Offal Mince	4.50
3144	Grass fed & finished	Gravy beef	15.49
3145	Grass fed & finished	Skirt Steak	15.99
3146	Grass fed & finished	Beef, leek and garlic sausages	21.00
3147	Grass fed & finished	Sausage mince	12.49
3148	Grass fed & finished	Country BBQ sausages	21.00
3149	Grass fed & finished	Vegetarian Burgers	0.05
3150	Grass fed & finished	Beef suet	5.00
3151	Grass fed & finished	Veal mince	23.99
3152	Grass fed & finished	Sirloin roast	20.00
3500	Grass fed & finished	Scotch Fillet Steak	38.49
3501	Grass fed & finished	Blade Steak	15.49
3502	Grass fed & finished	BBQ Blade	15.49
3503	Grass fed & finished	Chuck Steak	15.49
3504	Grass fed & finished	Diced Beef	17.99
3505	Grass fed & finished	Premium beef mince	16.49
3506	Grass fed & finished	Beef Sausages	11.99
3507	Grass fed & finished	Beef Bones	6.49
3508	Grass fed & finished	Bulk premium mince	12.99
3509	Grass fed & finished	Bulk Beef Sausages	11.99
3510	Grass fed & finished	Eye fillet	45.49
3511	Grass fed & finished	Porterhouse steak	30.49
3512	Grass fed & finished	Rump Steak	29.49
3513	Grass fed & finished	Minute Steak	19.49
3514	Grass fed & finished	Osso Bucco	15.49

## **Fresh chicken from Red Lee, Sydney**

5510	Red Lee, Sydney	Chicken, Cheese and Bacon Sausages	19.00
5511	Red Lee, Sydney	Chicken, Cheese and Bacon Sausages	19.00
5580	Red Lee, Sydney	Diced Chicken	20.49
5581	Red Lee, Sydney	Chicken Breast Fillets	19.99
5582	Red Lee, Sydney	Chicken Thigh Fillets	19.99
5583	Red Lee, Sydney	Chicken Drumsticks	11.49
5584	Red Lee, Sydney	Chicken Wings	7.49
5585	Red Lee, Sydney	Chicken Schnitzel	20.49
5586	Red Lee, Sydney	Chicken Mince	16.99

5587	Red Lee, Sydney	Whole free range chicken #16	15.00
5588	Red Lee, Sydney	Chicken Stirfry	20.49
5589	Red Lee, Sydney	Chicken Tenderloin	20.49
5590	Red Lee, Sydney	Chicken Kebabs X4	10.00
5591	Red Lee, Sydney	Chicken Kiev	21.99
5592	Red Lee, Sydney	Box chicken carcasses	10.00
5593	Red Lee, Sydney	Box Chicken Feet	25.00
5594	Red Lee, Sydney	Whole Chicken #18	13.00
5595	Red Lee, Sydney	Chicken Maryland	11.99
5596	Red Lee, Sydney	Chicken, leek & cheese	16.99
5899	Red Lee, Sydney	Chicken Necks	10.00
5900	Red Lee, Sydney	Chicken Nuggets	18.99
5901	Brogo	Soup roosters	10.00



